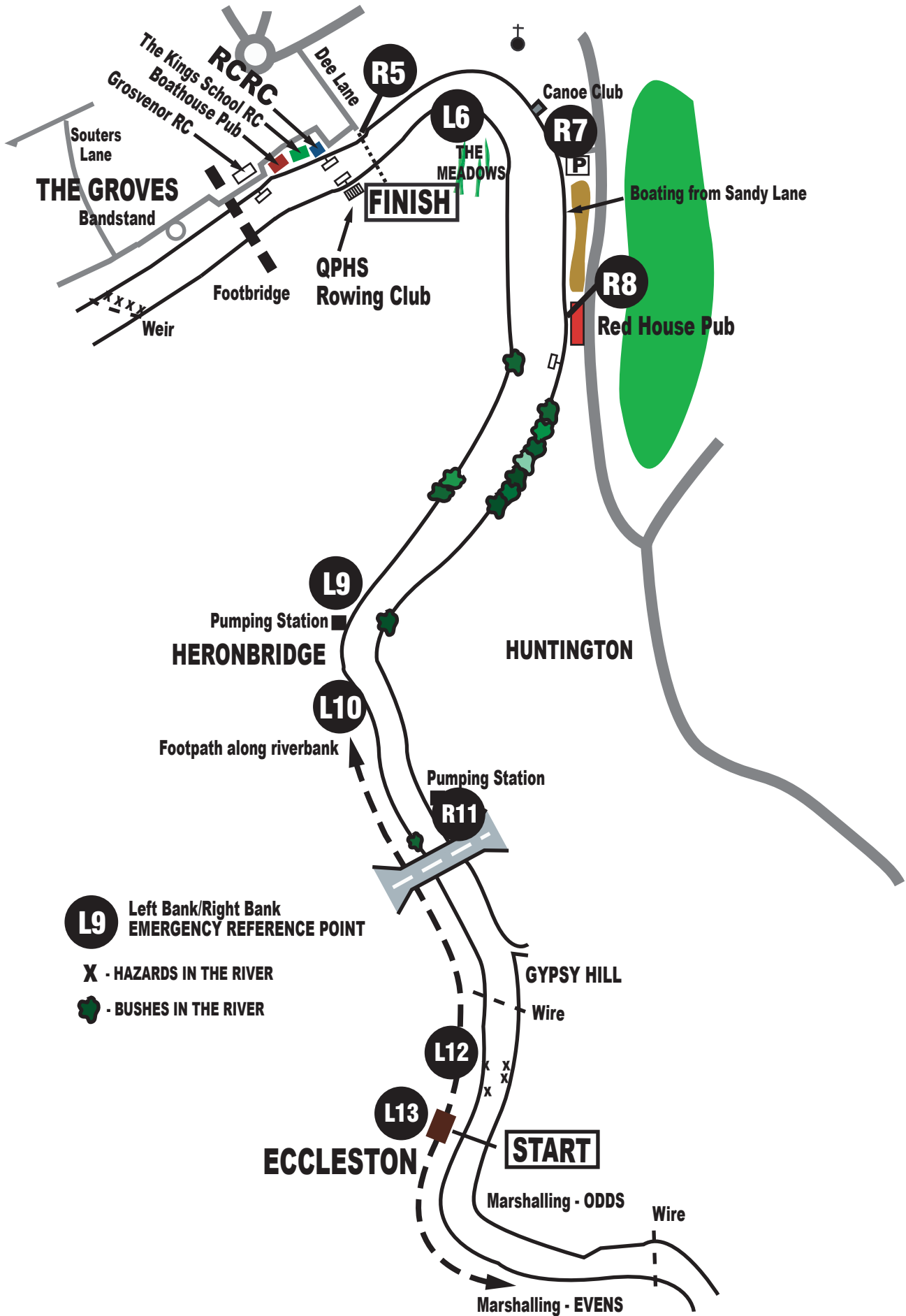


North of England Head and Chester Long Distance Sculls Course



Boat circulation at the finish

For safety reasons it is essential that these instructions are followed....

After finishing, continue paddling keeping to the QPHS bank until **below the suspension bridge** before turning.

Do not stop in the finish area!

DO NOT turn before the bridge.

Return upstream keeping to the RCRC bank staying well into the side if you are landing at GRC or KSRC.

Crews landing at QPHS stage should wait for a clear river and instruction from the marshal before crossing.

Crews paddling to Sandy Lane should keep close to the RCRC bank and take great care not to impede racing crews, stopping if necessary.

Failure to follow these instructions may result in disqualification.

